

SEPTEMBER 2023

VISION

MONTHLY NEWSMAGAZINE OF THE ROTARY CLUB OF NAGPUR VISION

RID 3030



www.rcnv.in



MODEL UNITED NATIONS ASSEMBLY

GANAPATI MAKING

WinS & LITERACY



Presidential message

August 2023



Rtn. Gordon McNally
RI President 2023-24

The World Health Organization designates 10 October as World Mental Health Day, and with Rotary placing a special focus on mental health this year, I would like to help answer the question posed to me most often when I travel to meet members: How can my club get started?

There are some wonderful examples of Rotary members taking action already. In the Philippines, the Rotary Club of Tiaong-Hiyas held a 12-week health challenge for mothers in the community to promote some baseline health screenings and coaching on a healthier lifestyle.

By the end of the challenge, the mothers had a special bond and decided to form a Rotary Community Corps called Ilaw ng Tahanan (“one who lights up the home”) with the goal of involving more mothers in health education and wellness support — and later youth services, teen pregnancy prevention, and help with unhealthy substance use. Almost a year later, the RCC is preparing to open its own health center where mothers can come for peer-to-peer support.

Another strong example is in Colorado. In the fall of 2021, a small group of stakeholders from the Rotary Club of Highlands Ranch formed the Rotary Clubs of Colorado Endowed Fellowship for Pediatric Mental Health, which enhances the ability of Children’s Hospital Colorado to recruit and train pediatric psychiatry providers and allows the hospital network to make additional appointments. This increases access to mental health care for children and decreases provider shortages.

Since then, the project has brought on new supporters and is now fully funded with a \$500,000 endowment. Investment income from this endowment will support a fellow — a psychologist or psychiatrist — at Children’s Hospital. A new fellow will be named every one to two years, beginning spring of 2024. Over time this will create a cohort to bolster the mental health workforce, treating kids from all 64 Colorado counties and neighboring states.

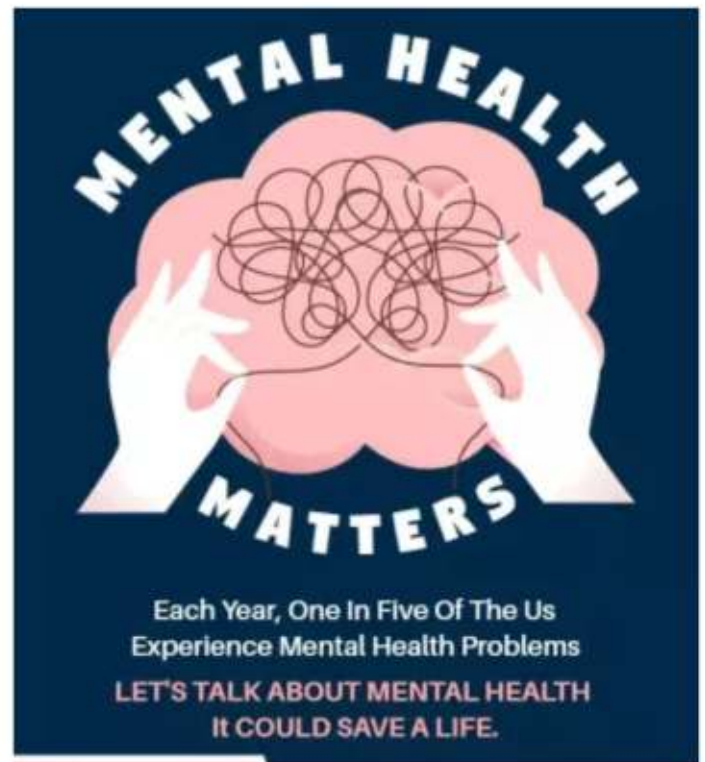
also transforms us. As we put a greater focus on mental health, let’s not think of this effort as something new to Rotary, but rather as something we can do better and as a result have a greater impact on ourselves and the people we serve.

We are not starting this effort from scratch. The Rotary Action Group on Mental Health Initiatives has been focused on these kinds of issues for several years — and we will be looking to members of that group for leadership as we continue to build awareness.

Mental health care fits comfortably within several of our areas of focus. As of May, there are 41 global grant-supported projects with a mental health focus. Many of them have tremendous promise, and we will be highlighting them in the months ahead.

So let’s work together to erase the stigma associated with emotional well-being, raise awareness of mental health needs, and improve access to preventive and interventional mental health services.

Together, we will Create Hope in the World.



District governor's message

Dear Rotarians,

"Literacy", the ability to read and write, is often equated with "education", but it is not the same. Literacy is a step to education. For me, education is the complete development of a person in terms of knowledge, sensibility and most important, behaviour in different situations. I read this quote in The Hindu.

We all know how critical reading and writing are for success in life - for gaining information, communicating, making agreements and so forth. Enhancing basic education skills and Literacy are essential in reducing poverty, improving health, encouraging community and economic development, and promoting peace. Knowledge can reduce maternal death, improve childhood survivability and reduce poverty. They can also enable success in business or a profession.

Projects undertaken by a Rotary Club can address low adult literacy, returning children to school, enhancing student performance, or supplementing limited school resources. Consider how your club is, or could be making a difference by supporting basic education and literacy in



Rtn. Asha Venugopal
Dist Governor RID 3030

your community or somewhere else in the world.

Establish a culture in your club and society that supports literacy. Support and celebrate every child's effort to develop reading muscles and increase reading stamina. Let them know you believe in them. Show students how valuable books are, sharing ideas and working together to make meaning. Teach students how to select books based on personal interests, as well as challenges within the book.

Let us create hope in the world.

Yours in Rotary,
-Asha Venugopal.

President speaks

Dear RCNV family,

When we put our minds and hands together, there is nothing we cannot achieve. A case in point is our State Board MUNA. This mega flagship event attracted an unprecedented 600 students from schools around Nagpur. Students, who would not have got a chance to experience such an event in their normal course of studies because of various economical and logistical factors that prevent state board schools from hosting such an event. RCNV fills that void and gives these mostly underprivileged children an opportunity to participate in a Model United Nations Assembly. The RCNV MUNA, a brainchild of our members Ritika Singhvi and Manish Agrawal is a boon for these students.

Having said that, we are just getting started. The upcoming festivities will not dampen our spirit to serve and there is more action coming up every month! Another mega project we undertook is the planting of 2000 trees, thanks to our member Pravin Jain. I must also compliment the programmes committee for coming up with unique speakers and topics regularly. Watch this space for more!

-Ajay Uplanchiwar



Editor's
Note
SOHRAB KANGA

Dear Readers,

Compiling a magazine is no easy job. The gamut of projects and events our club undertakes needs to be highlighted and projected in a way that more members feel the need to get involved. For this, I must thank the support team led by President Ajay, Secretary Madhu, Director Rashmi and support cast of Richa Choudhary and Mona Mulchandani. Thanks also to the members who write reports and take pictures. In this way, the service of RCNV gets recorded for posterity. I feel no small measure of pride in the fact that each successive team builds upon the legacy left behind by predecessors to keep the flag of the club flying high. The only thing left to do now is to ensure that members attend projects and meetings in larger numbers. For only then can we collectively be proud of the work that RCNV does.....right?

So please take some time out of your busy schedules and get together to serve!

Raksha bandhan

1st September 2023



On 1st September RCNV Community service team celebrated Raksha Bandhan with intellectually challenged children of Lt. Umesh Haladkar Matimand Mulanchi Niwasi Shala, at Katol road, Nagpur. Chocolates and fruits were distributed as token of love. Chairperson Swati Belkhade and Director Community Services, Nitya Agrawal expressed their love for the kids and promised support to the school for their needful requirements in future.



RCNV conducts workshop on female health

■ Staff Reporter

ROTARY Club of Nagpur Vision (RCNV) along with Nagpur Obstetrics & Gynaecological Society (NOGS) organised a workshop for girls of Class 8 to 10 of Tilak Vidyalaya, Dhantoli, the other day. The topic was menstrual awareness and hygiene.

The workshop was conducted by Dr. Shantala Bhole, consultant gynaecologist, Seven Star Hospital. The event was attended by Chairperson Sushma Borule and Nitya Agrawal, Director community, Rotary Club of (Community), Rotary Club of



A student of Tilak Vidyalaya welcoming a guest during the workshop as Dr. Shantala Bhole and others look on.

Nagpur Vision. During the workshop, the students were told about the science behind

menstruation and were taught basic hygiene that should be maintained during periods. The students were shown some sample menstrual items which can be conveniently and safely used during their menstrual periods.

Dr. Shantala also talked about 'Good Touch-Bad Touch' and how to deal with 'bad touch'. In the end, a question-answer round was also conducted.

The Principal of the school expressed her sincere gratitude to the speaker and RCNV for conducting the useful workshop for girls. Telpande organised the workshop.

The Wash In Schools, WinS Committee, RCNV along with NOGS organised a workshop for the girls of class VIII-X of Tilak Vidyalaya, Dhantoli. The topic was Menstrual Awareness and Hygiene & it was held on 2nd Sept 2023 at

The workshop was conducted by Dr. Shantala Bhole, consultant Gynaecologist, Seven Star Hospital. The event was attended by Chairperson Mrs Sushma Borele and Mrs. Nitya Agrawal, Director community, Rotary Club Nagpur Vision.

During the workshop, the students were told about the science behind menstruation and were taught basic hygiene that should be maintained during periods. The students were shown some sample menstrual items which can be conveniently and safely used during their menstrual periods. Dr. Shantala also talked about 'Good Touch- Bad Touch' and how to deal with Bad Touch. In the end, a question-answer round was also conducted.

Principal of the school expressed her sincere gratitude to the speaker and RCNV for conducting such an useful workshop for girls. Mrs Telpande, Principal of Tilak Vidyalaya organised the workshop efficiently.



Project Literacy

2nd September 2023

As promised earlier to the school authorities, on 2nd September RCNV, donated Rs. 18750/- for the school uniforms, Shoes and Books for 25 underprivileged students of Tilak Vidyalaya, Dhantoli. Director Community Services, Non-Medical, handed over the cheque to the principal Mrs Telpande. Donations were made by PP Rajiv Behal, Rtn Aarouni Verma, Abhilek Agrawal and Hon. Secretary Madhumati Dhawad.



Ganapati making

6th September 2023

India is land of Festivals and If we understand every festival it is evident that our culture actually is about protecting nature and living in harmony with the nature. With the same motive Rtn Pallavi Upganlawar conducted 2 workshops on making Ganapati in an eco-friendly way. The workshops were conducted at Hadas CBSE School where over 100 students of classes 7th,8th & 9th std participated. It was attended by Rt Anns Archana Mulak and Sarita Agrawal. The second workshop was held at Deaf and Dumb school Shankar nagar, where 40 students of std 11th and 12th participated. It was attended by President Ajay and Rt. Ann Sarita Agrawal.



Regular meeting

8th Sept 2023



It would not be a travesty to say that RCNV members were spellbound by an extraordinary performance by Monologue artist, Deepali Ghonge. Programme Committee brought out yet another gem from the city to regale its members and invigorate them with the thoughts and works of Swami Vivekananda on 8th September.

Deepali Ghonge's portrayal of the mesmerizing monologue on Swami Vivekananda brought to life the essence of Vivekananda's teachings, leaving the audience in awe and deep contemplation. It was as though everyone in the room couldn't help themselves from giving a standing ovation when the act ended in "Samadhi" of this great saint of India, that is Bharat.

The audience, spellbound, felt the electricity in the air, as though the very cosmos conspired to bear witness to this extraordinary moment. Goosebumps ran like ripples through the sea of listeners, for they knew they were in the presence of greatness.

The evening we experienced was not merely a theatrical treat; it was a communion with the spirit of Swami Vivekananda !!

Earlier introduced by the much cultivated and educated of Rotarians, Rtn. Manjiv, the meeting saw a full house attendance from the club members. The vote of thanks was very well worded and was proposed by another rotarian, acclaimed as an artist with many stage performances under her belt, Rtn. Sonal Malkan. Rotary information was read by Rt. Ann Swati Belkhade and the four way test was proclaimed.

Lead by Vice President and Director Programme Committee, Rtn. Ritesh Amidwar and well supported by Rtn. Ritika Singhvi, the evening, coordinated by chairperson, Meghana Nene concluded as always with the singing of the National anthem.



Rotary Leadership Institute



Members of RCNV attended a Rotary Leadership training program organised by ROTARY Club of Nagpur West on 2nd and 3rd September at IIM, Nagpur. The training is held in three parts by Rotary International through Rotary Leadership Institute and first two parts were held. CM Bendre, was the Lead Facilitator and was accompanied by seven more facilitators of Rotary.

Topics like effective leadership, team building, creating service projects, Rotary Foundation, attracting and engaging members, communication were deliberated upon in this two day event. The trainers stressed that the Rotarians must be aware of the fundamentals behind the projects undertaken by Rotary at various levels and also what it takes for the project to be successful and effective.

Participants were emphasised with objects of Rotary and its core values.

The methodology of teaching was through brain storming and through discussions, thereby making the Rotarian think more and become more inquisitive.

Organising Team consisted of Past President Mangesh Joshi, Shashank Vishwarupe, Dr Pranav Nagarnaik, Jaiprakash Sharma, Jaishree Chhabrani and Dr Manisha Rathi who worked hard under the guidance of Past District Governor Dr Rajan and Co-Convenor Rajinder Khurana for the success of the programme. Such programmes will now be an annual feature so that more and more Rotarians can benefit.



Take your Rotary leadership skills to the next level with RLI

The Rotary Leadership Institute (RLI) is a multi-district, grassroots leadership development program of member districts organized into regional divisions in various parts of the world.

RLI is a recommended program of Rotary International.

RLI seeks to provide quality education in Rotary knowledge and leadership skills to Rotarians interested in developing their Rotary participation and to those identified by Rotary Clubs as having a potential in club leadership. These educational opportunities will teach skills that will benefit the members in their lives and in their volunteer service.

Career
guidance 9th September 2023



रोटरी क्लब ऑफ नागपूर व्हिजन, रोटरी क्लब ऑफ नागपूर नॉर्थ
यांच्या संयुक्त विद्यमाने उमरेड येथे दहावीच्या विद्यार्थ्यांसाठी

करिअर मार्गदर्शन शिबिर

विद्यार्थ्यांना मोफत सेल्फ स्टडी ॲप वितरण

दहावीनंतर विद्यार्थ्यांना विविध मार्गांवर मार्गदर्शन करण्यासाठी
करिअर मार्गदर्शन तज्ञ उपलब्ध असतील

करिअर च्या संधी व निवडी अमर्यादित आहेत आणि छोट्या शहरातील विद्यार्थ्यांना
ह्या कार्यक्रमात तज्ञांनी प्रदान केलेल्या कौशल्याचा फायदा नक्की होईल



शनिवार दि. 09/09/2023 ला,
सकाळी 9.30 ते दुपारी 3 वाजेपर्यंत
स्थळ : पंडीत दीनदयाल नाट्य सभागृह उमरेड



सौजन्य : **संजय मैश्राम** रोटरी गव्हर्नर (१२-१३)



Rotary Club of Nagpur Vision in association with Rotary Club of Nagpur North organised a Career Guidance Expo for students of Umred on 9th Sept 23. Around 1400 class 10th students from different schools of Umred participated in the camp.

Different rooms of Jeevan Vikas Vidyalaya Umred were allocated for different career options like Medicine, Ayurveda, Engineering, Law, MBA, Humanities, Pharmacy, Aero Space , Defence, Interior Design and Hotel management. During the inauguration session a lecture on New Education Policy was delivered by Dr Rashmi Shahu, Joint Secretary RCNV and coordinator of this career guidance Camp. PDG Rtn Sanjay Meshram gave the opening remarks and was instrumental in making all arrangements in organising mega camp at Umred. The Rotary members present for the camp were District Secretary Virendra Patrikar ,Ajay Uplanchiwar President RCNV, Madhumati Dhawad Secretary RCNV, PE Jaishree Chhabrani, Manish Agrawal, Amit Chandak from RCNV and from RCNN

President Pooja Khatri, Secretary NandTahiliani, Jagdish Khatri, Girish Sadhwani , HashuAmbwani, Vinay Dara, Shyam Wadhvani Swapnil Band , SumitChoithani, Himlal pun, Nalin Majithia , Kajal Khatri , Satish More and Narayan Sharma. Teachers from Jeevan Vikas Vidyalay, Jeevan Vikas Vanita Vidyalay, Ashok Vidyalay, new ideal boys and girls school, and Public High School worked hard for organising the career guidance camp.

The project was held under the leadership of Dr Rashmi Shahu, Joint Sec RCNV and Rtn Pooja Khatri President RCNN



1,400 Umred students benefit from RCNV-RCNN

Rotary Club of Nagpur Vision (RCNV) in association with Rotary Club of Nagpur North (RCNN) organized a career guidance camp for students of Umred on Saturday. Around 1,400 Std X students of various schools of Umred participated in the camp. The project was held under the leadership of RCNV joint secretary Dr Rashmi Shahu and RCNN president Pooja Khatri.

Different rooms of Jeevan Vikas Vidyalaya, Umred, were allocated for different careers viz medicine, ayurveda, engineering, law, MBA, humanities, pharmacy, aerospace, defence, interior design etc.

A lecture on NEP 2020 was delivered by Dr Rashmi Shahu, coordinator of the camp.

PDG Sanjay Meshram gave



the opening remarks and was instrumental in making all arrangements at Umred.

Present in the camp were district secretary Virendra Patrikar, RCNV president Ajay Uplanchiwar, secretary Dr Madhumati Dhawad, Manish Agrawal, president-elect Jaishree Chhabrani, Amit Chandak, RCNN president Pooja Khatri, secretary Nand Tahiliani,

Jagdish Khatri, Girish Shyam Wadhvani, Hashu Ambwani and Vinay Dara. Swapnil Band, Su Choithani, Himlal Pooja Khatri, Kajal Khatri More and Narayan Sharma. Teachers from Jeevan Vidyalaya, Jeevan Vanita Vidyalaya, Ashok Vidyalaya and New Ideal School worked hard for success of the

RCNV holds Model United Nation Assembly for state board schools



The guests during Model United Nation Assembly programme.

For the past 7 years consecutively Rotary Club of Nagpur Vision (RCNV) is organising the Model United Nation Assembly for state board schools. A project which has grown consistently with the latest edition seeing 600 entries from different state board schools. The opening ceremony had municipal Dr Abhijeet Chaudhuri as chief

guest and headmistress of Saraswati Vidyalaya Jayeshri Sastri as guest of honour. The 600 students were divided into 14 committees. The team MUNA included Manish Agrawal, Ritika Singhvi, PP Sohrab Kanga, Aditiraje Bhonsle, Jigna Thakkar, Dhawal Jain, Mamta Kanga, Sonal Malkan and others.



Nothing can give more satisfaction than identifying a need in society and fulfilling it. For the past 6 years consecutively RCNV has been organising the MUNA for state board schools, the only organisation in Nagpur doing so. A project which has grown consistently with the latest edition seeing 600 entries.

The morning started off with registration/breakfast at 8.00 followed by a glittering opening ceremony which had Dr. Abhijeet Chaudhuri, Commissioner of NMC, as chief guest and Smt. Jayshri Sastri, Headmistress of Saraswati Vidyalaya, as guest of honour.

The 600 students were divided into 14 committees and the sessions started in individual classrooms till 4.30 pm, interspersed with a lunch break and Hi-Tea. The grand closing ceremony saw the winners being awarded and chairs and co-chairs recognised.

The RCNV MUNA gives an opportunity to state board school students to experience the UN model of working by dividing students into committees, where they represent individual countries. This gives the students an opportunity to research the allotted topic, prepare statements and speeches and debate with fellow delegates to arrive at a consensus to solve a given issue. It brings out their confidence and helps them hone their inter-personal skills. An Orientation was held for familiarisation of the event for the Students on 10th of September. It was attended by 400 student participants.

The salient feature of the RCNV -MUNA as compared to other MUNAs is the fact that while everyone else organises this for CBSE board students with charges ranging from Rs.2400-2500/- per student, RCNV does it for just Rs. 200 per student. This includes, breakfast, lunch, high tea, student Kit, prizes, certificates, everything in this nominal amount.

The time, effort and coordination required was all thanks to the committed team of Manish Agrawal, Ritika Singhvi, PP Sohrab Kanga, Aditiraje Bhonsale, Jigna Thakkar, Dhawal Jain, Mamta Kanga, Sonal Malkan and others who worked tirelessly to make it a success. Priyanka Gandhi is the driving force behind the RCNV MUNA, because right from conceptualising to executing the event, she is the go-to person for everything.

It was a total team effort headed by Director Youth Yogesh Paliwal, President Ajay Uplanchiwar & Hon. Secretary Dr. Madhumati Dhawad which has made MUNA a glowing feather in RCNV's cap



Blackboards donation

12th September 2023

A child without education is like a bird without wings..... In order to give wings to students of St Martin Hindi upper primary school Bargaon, Katol road, RCNV community team of Director Nitya Agrawal along with chairpersons Swati Belkhade, Tanushree Vijaywargi, Rakhi Amidwar and Geeta Verma, handed over 7 two way blackboards of size (4'x6'ft) to the school on 12th September 2023. The black boards are donated by Rotary club of Nagpur Vision under supporting education program.



Celebrating seniors' birthdays

15th September 2023

Senior citizen committee celebrated birthday of Rt Ann Asha Joshi and Ganesh Joshi on 8th and 15th September by sending video messages and surprise birthday cake in Bangalore.





A fun-filled Mini Fellowship was held on September 15th at Parekh Jewellers! Members and their spouses enjoyed Boho painting, which was expertly guided by the artist Arpana Agarwal. The store owners, Matisha and Hardik Parekh, provided a brief introduction of the precious jewel, Diamond and how to take care of the jewellery. The housie game added to the excitement, with members and spouses winning silver and gold coins sponsored by the hosts. Delicious snacks were also enjoyed by all attendees!

Director of Mini Fellowship, PE Jaishree Chhabrani, was instrumental in coordinating the event, with the support of President Ajay Uplanchiwar and Honorary Secretary Madhumati Dhawad. RCNV thanked the hosts Parekh Jewellers for their wonderful hospitality!!!!



Take Rotary Home

16th September 2023



The Third Take Rotary Home for the year 2023-24 was held in the beautiful home of Rtn Rakesh and Priyanka Awachat, on 16th Sep 23. Theme was Festival. About 34 Rotarians and Spouses attended. The hosts Rakesh & Priyanka Awachat really took great care of the guests. The guests were made to introduce their spouses and an interactive game on friendship was played which increased the bonding between the members. PDG Dr Satish Sule Sir gave valuable information on Rotary. Director Manjiv Sharma and Chairpersons Archana Mulak conducted the event.





On the intervening night of 22nd and 23rd sept, Nagpur witnessed a deluge, which impacted the entire Nagpur city. Many people were forced to flee their homes with several homes submerged. Slums were worst affected. Members of RCNV on getting information about the help needed sprang into action and collected the relief material like fruits, food packets, water, biscuits at BR Mundle School and along with RSS & NMC, distributed the same to about 1500 beneficiaries...!! Members of RCNV were amongst the first to respond to the distress call..

Members of RCNV collected & distributed —

1000 Bananas

1000 Biscuits

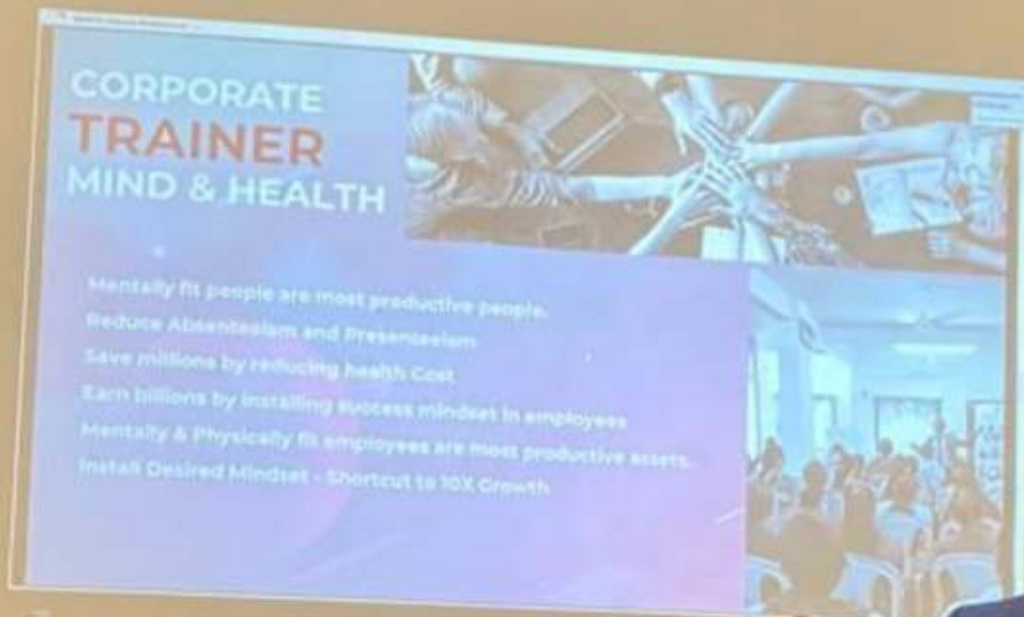
500 pkts of Puri bhaji with pickle

1000 Theplas with pickle

100 pkts of Haldiram's Farsan

1000 Water bottles





CORPORATE TRAINER
MIND & HEALTH

- Mentally fit people are most productive people.
- Reduce Absenteeism and Presenteeism
- Save millions by reducing health Cost
- Earn billions by installing success mindset in employees
- Mentality & Physically fit employees are most productive assets.
- Install Desired Mindset - Shortcut to 10X Growth



Our very own Dr Ravi Vairagade , a prolific orator , gave an insightful presentation on ' Feeling hai to Healing hai !!' He spoke about how curing the root cause of the disease can help lead a disease free life forever ! He threw light on new genetic epigenetic treatment too and how organ healing and activation can boost health. He motivated the audience to switch to less medicines and enjoy more health instantly through ' Mind Transformation' as he aptly puts it. The meeting ended with a fun activity by the speaker. Congratulations Director Ritesh Amidwar and team programs !



Tree plantation

30th September 2023

RCNV tree plantation committee held a plantation drive along with Interact club of school of scholars Atre layout branch on 30th of September at Road divider at hingna T Point Rachna road junction. Around 40 saplings were planted which were sponsored by Rotary club of Nagpur Vision. The care of these plants will be further taken up by the school authorities. Director Community Nitya Agrawal, chairpersons Rakhi Amidwar, Swati Belkhade, Priya Tatiwar, Payal Mallewar along with 30 school students and 6 teachers were present for the event.



Rotary around District 3030



RC Nasik funded and distributed Akanksha app for 10th appearing 515 students. The donations were raised by new rotarians.



Lady members and Anns of Rotary Club of Nagpur North to the bus and lunch expenses of underprivileged children.



On the occasion of Ganesh Visarjan the Rotary Club Jalgaon and Rotract Club IMR organized a Nirmalya collection in front of D-Mart.



Rotary Club of Nasik Grapecity conferred Nation Builders Award, under the Rotary India Literacy Mission.



RC Pusad conducted health check up camp of senior citizens, with beneficiaries totaling 158 numbers.



Rotary Club of Jalgaon Gold City distributed high- protein nutritional diet kits to 10 needy T B patients.

Rotary international news

More than 775 million people over the age of 15 are illiterate.
That's 17 percent of the world's adult population.

Our goal is to strengthen the capacity of communities to support basic education and literacy, reduce gender disparity in education, and increase adult literacy. We support education for all children and literacy for children and adults.

Rotary projects around the globe



Italy
Each year, the Rotary Club of Morimondo Abbazia dedicates a medal to a charity in honor of the late Ambrogio Locatelli, one of its charter members. In March, the 33-member club designated the Italian office of the nonprofit Rise Against Hunger as the award recipient. In collaboration with the organization, the club gathered 140 Rotarians, family members, friends, and Rotaractors to assemble 17,000 meals for a school in Zimbabwe. The volunteers sorted and weighed rice, soy, and dried vegetables and packed them into bags, which were boxed along with drawings and notes from local children. The effort, which cost about \$9,000, was funded by Rotarians and the Locatelli family, says Davide Carnevali, a member of the Milan-area club.



Barbados
The Rotary Club of Barbados has created a series of financial literacy workshops with the help of club members who are financial professionals, including bankers, insurance agents, actuaries, and wealth managers. Dubbed Save, Spend, Thrive, the program includes classroom sessions, mentorship opportunities, and social media messaging. The workshops began in January with sessions for residents and former clients of a center for people with substance use disorders. The effort expanded in April and May through a collaboration with a church in Bridgetown. Topics include debt management, household budgeting, saving, and retirement planning. "To date we have served approximately 100 people, most of them women," says club member Jamella Forde.



Germany
After July 2021 floods that killed hundreds of people, leveled homes, and inundated centuries-old buildings in northern Europe, Rotarians committed millions of euros to help rebuild devastated communities. Nearly two years later, Rotary members along the Ahr River, a Rhine tributary, did not forget the river itself or its fish. Over one week in March, the Rotary clubs of Remagen-Sinzig, Adenau-Nürburgring, and Bad Neuenahr-Ahrweiler (all in District 1810) released thousands of salmon smolt in a roughly \$16,200 restocking. In Schuld, the Adenau-Nürburgring club offered fish-shaped baked treats to children, and a fisheries expert explained the day's task. "It is crucial to involve children directly in these activities," says Alex Schoep, a co-president of the Adenau-Nürburgring club.

Health

Organ Donation - The Gift of Life

Organ donation is the process of donating healthy organ and tissue to a person with organ failure. There are two types of organ donors – living and deceased (cadaveric). Organ donation in India is predominantly of living donor type comprising almost 85% of overall organ donation. The demand is way more than the supply. As per the estimates more than 3 lakh patients are waiting for an organ donor in India. Barely 10% are lucky enough to get it and remaining 90% succumb to the disease while waiting for it.



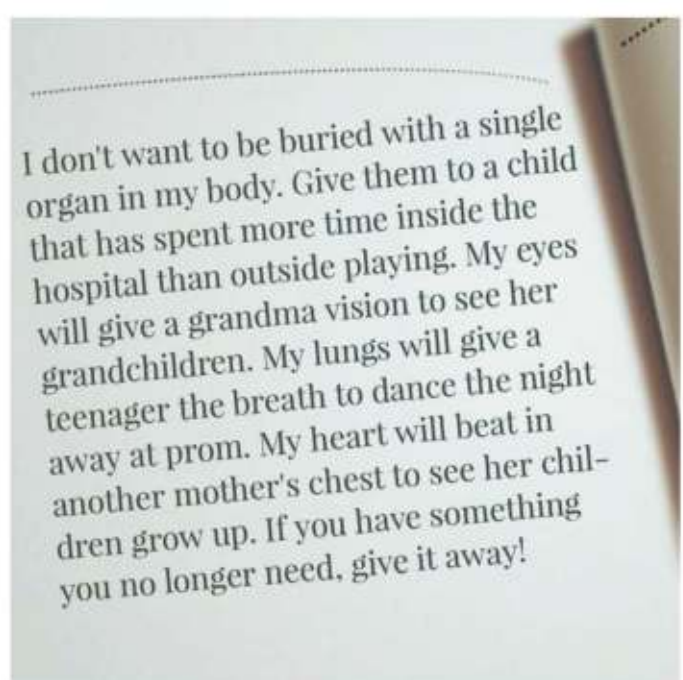
**Dr. Pranaw
Kumar Jha**

We significantly lag in deceased organ donation. While the total living transplants increased from 6756 in 2016 to 13338 in 2022 the number of deceased transplants has increased only from 2264 to 2694 during the same period (source- NOTTO). Southern states have been the frontrunners in deceased organ donation although it is catching up in other states as well. In 2022 the top performing states in deceased donor transplants were Tamil Nadu (555), Telangana (524), Karnataka (478), Gujarat (398) and Maharashtra (303).

Spreading awareness about organ donation is need of the hour. One deceased organ donor can save up to 8 lives and enhance the lives of many others through tissue donation. Organs that can be donated are kidneys, liver, heart, lungs, pancreas, small intestine and tissues that can be donated are cornea cartilage / ligaments, bone, heart valves, skin, corneas. There are many myths surrounding organ donation that needs to be countered to overcome the obstacles. The Transplantation of Human Organ Act (THOTA), 1994 has incorporated positive changes over years to simplify the process of organ donation and discourage illegal donations.

There is a significant gender disparity in the transplantation. While only 20% of the total transplant recipients are female, they constitute almost 75% of the donors. There is a need to promote awareness about this and reduce the gender disparity.

One can easily become a donor by registering and pledging his/her organs by filling a donor form and this can be done even online on websites of NOTTO, Mohan Foundation and Organ India. But it is important to make sure this wish to donate organs is known to the family and friends. Organ donation is the way to continue to live forever. All of us should register and get a donor card. Gift of life is precious.... let's pass it on.



Privacy in Cyberspace



**Harish
Thakur**

Privacy i.e. right to be let alone is an intrinsic aspect of every individual's right to a dignified existence in a civil society. Today, every walk of human life has created a digital foot print in the cyberspace. More often than not, we divulge confidential personal information relating to every conceivable aspect of our life for gaining access to interactive websites. Every search made on search engines, every post on social media websites, every online payment made on merchant locations leaves a digital trail which discloses confidential personal information, preferences, social & ideological inclinations which can very well be exploited for commercial and political gains with the use of artificial intelligence tools. People today have become overdependent on use of digital ecosystems for communicating among themselves and to transact critical services across all sectors of society. The evergrowing reach of cyberspace in our life is posing a serious threat to one's expected notion of privacy.

Time has come for asserting the right to be forgotten in the cyberspace. This right involves an individual's right to remove or delete online content so that it is not accessible to the public at large. It empowers an individual to have information in the form of photos, videos and news deleted from internet records so that it does not surface in future online searches.

The recently enacted Data Protection Act by the Union Government is certainly a step in the right direction and aims to regulate the processing of digital personal data in a manner that balances the need to lawfully process data with the rights of individuals regarding the protection of their personal data and privacy. The new data protection regime ensures that usage of personal data by organisations must be done in a manner that is fair, transparent and accountable to the individuals concerned, that personal data must only be used for the purposes for which it was collected, that personal data cannot be "stored perpetually by default", that there is "no unauthorized collection or processing of personal data". Apart from the regulatory laws it is the primary responsibility of netizens to safeguard their privacy rights by being cautious while sharing confidential personal information in the cyberspace.

Data management is at the heart of privacy

Browsing habits and website visits

Internet activity is monitored by an Internet Service Provider (ISP) and can be hijacked.

Message and email content

Our email accounts are often the pathway that can provide a link to all our other valuable accounts, as well as a record of our communication with friends, families, and colleagues.

Online purchases, financial information

When you conduct a transaction online, this information may include credentials for financial services such as PayPal, or credit card information including card numbers, expiry dates, and security codes.

Medical records and DNA profiles

Another entrant to the mix, hospitals are now transitioning to electronic records and home DNA services store genetic information belonging to their users, submitted in the quest for health-related queries or tracing family histories.

Passwords and vaults

This kind of advice is repeated ad nauseam but it is worth saying again: using complex passwords is the first line of defense you have to secure your online accounts.

Enable Two-factor authentication (2FA)

Two-factor authentication (2FA), also known as two-step verification, is a widely-implemented method of adding an extra layer of security to your accounts and services after you have submitted a password.

Reduce your online footprint

Google privacy checks

If you are a user of Google services, the Privacy Check up function can be used to stop Google from saving your search results, YouTube histories, device information, location check-ins and for you to decide whether you are happy for the tech giant to tailor advertising based on your data.

Know Your new members



**Deepak
Chottai**
Mobile
9849463536



**Komal
Chottai**
Mobile
8099051851

Name : Deepak Chottai
DoB : 02/08/83
Profession : Business
Hobbies : Playing Table Tennis
Spouse : Komal Chottai
Hobbies : Reading & Gardening
Children : Dhairya Chottai / 12 Years

What Motivated you to join Rotary -

As we get to know each other with diversified fields and can get connected with social cause and help society in some way.



**Ishan
Kukade**
Mobile
8800361205



**Mansi
Kukade**
Mobile
7709141096

Name : Ishan Kukade
DoB : 12 / 05 / 1993
Profession : CEO, Central credit Cooperative
Hobbies : Football, Tennis
Spouse : Mansi Kukade
Hobbies : Computer Programming
Children : Shubhashri / 1.5 years

What Motivated you to join Rotary -

Social causes, social interactions.



**Dr. Shamik
Ambatkar**
Mobile
94231 05350



**Dr. Sonal
Ambatkar**
Mobile
94236 38101

Name : Dr. Shamik Ambatkar
DoB : 10 / 06
Profession : Eye Surgeon (Ophthalmologist)
Hobbies : Reading, Cricket, Singing
Spouse : Dr. Sonal Ambatkar
Hobbies : Reading
Children : Shaureen / 17 years

What Motivated you to join Rotary -

Service to mankind, as Rotary is a good forum to expand horizons and make new acquaintances apart from our own fields of work.

Rotary International's enduring legacy

Permanent Projects Making a Lasting Impact

Rotary International, a global humanitarian organization, is renowned for its commitment to service, community development, and international cooperation. Established in 1905, the organization has since embarked on numerous projects across the world aimed at addressing various societal challenges. Some of these projects are deemed "permanent" due to their enduring impact on communities and individuals. These projects have left an indelible mark on society, embodying Rotary's ethos of 'Service Above Self.'

PolioPlus: The Fight Against Polio

PolioPlus is one of Rotary International's most prominent and enduring projects. Launched in 1985, this initiative aimed to eradicate polio worldwide. Rotary, along with its partners, has made significant progress towards this goal, bringing the world to the verge of eradicating this crippling disease. Through fundraising efforts and vaccination programs, Rotary has played a pivotal role in reducing the number of polio cases by over 99.9% since the initiative's inception. The project's enduring impact lies in the potential to completely eradicate polio, thus ensuring a polio-free world for generations to come.

The Rotary Foundation: Sustaining Education and Humanitarian Efforts

The Rotary Foundation, established in 1917, stands as a cornerstone of Rotary International's long-term projects. It serves as the organization's charitable arm, supporting a wide array of humanitarian initiatives. From educational scholarships and vocational training to healthcare programs and poverty alleviation efforts, the Foundation has consistently made a significant and lasting difference across the globe. The scholarships provided have empowered countless individuals to attain education and skills, transforming their lives and positively influencing their communities.

Clean Water and Sanitation Initiatives

Access to clean water and sanitation is a fundamental human right, yet millions of people lack this basic necessity. Rotary International has taken up the cause of clean water and sanitation through various projects around the world. Their initiatives include constructing wells, providing water purification systems, and educating communities on hygiene and sanitation practices. These efforts have brought about lasting improvements in the health and wellbeing of countless individuals, preventing waterborne diseases and promoting better living conditions.

The Rotary Peace Centers: Nurturing Peacebuilders

In a world often marred by conflicts and violence, Rotary International's commitment to fostering peace and understanding is encapsulated in its Peace Centers initiative. Established in 2002, this program provides fellowships for individuals pursuing master's degree programs related to peace and conflict resolution. The aim is to equip future leaders with the knowledge and skills necessary to promote peace and address global conflicts. These centers have nurtured a cadre of peacebuilders who are working tirelessly to create a more harmonious and peaceful world.

ShelterBox: Emergency Shelter and Tools for Survival

Natural disasters and conflicts can leave communities devastated and displaced. ShelterBox, a project initiated by Rotary, addresses this issue by providing emergency shelter and essential tools for survival to affected populations. This initiative underscores Rotary International's commitment to aiding communities in times of dire need, ensuring that people have a safe and secure place to call home, even amidst the harshest of circumstances.

In conclusion, Rotary International's enduring projects exemplify the organization's dedication to making a lasting impact on the world. From eradicating polio to promoting peace and providing essential resources, Rotary's initiatives continue to positively influence communities and individuals, leaving an indelible mark on society. Through these projects, Rotary International upholds its motto of 'Service Above Self,' striving to create a better and brighter future for all.

PolioPlus



Rotary International



shelter
BOX

DISASTER
RELIEF

CRAFTING YOUR DREAMS



ARTY CRAFTY
CRAFTING YOUR DREAMS

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